LINGUAL BRACES
THE INVISIBLE WAY TO STRAIGHTEN YOUR SMILE

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What are Lingual Braces?

Lingual braces are virtually invisible, making them a great option for both adults and teenagers. As the lingual braces are bonded to the back of the teeth they can straighten our patients’ smiles whilst remaining completely hidden.

FAQ’s

Some of the frequently asked questions.

Harmony invisible braces

Harmony is a unique, invisible, lingual braces system.
What to expect?

During your initial consultation, the team at Modern Orthodontics will review your treatment options to decide if lingual braces are the most suitable treatment option to help you achieve a new, beautiful smile.

Modern Orthodontics

The team at Modern Orthodontics are excited to offer lingual braces and the unique HARMONY lingual system to Melbourne patients.
Basically speaking, lingual braces are just like traditional metal and wire braces, except, instead of sitting on the front of your teeth for the whole world to see, they’re hidden on the back of your teeth. Treatment times are very similar to traditional braces, and on average you will need to wear them for between 12 and 24 months, depending on your exact needs.

What are Lingual Braces?

Lingual braces are virtually invisible, making them a great option for both adults and teenagers. As the lingual braces are bonded to the back of the teeth they can straighten our patients’ smiles whilst remaining completely hidden. This hidden nature often makes lingual braces a desirable option for adults who are self-conscious about straightening their smile. For busy professionals this inconspicuous option can help them achieve optimal oral health and a beautiful smile whilst retaining a professional image.

Virtually Invisible

Would you like to straighten your smile without the whole world knowing? Lingual braces provide all the strength of traditional braces, but they’re virtually invisible.

“Invisible, lingual braces are becoming an increasingly popular choice for a number of patients due to their discreet nature.”

Lingual Braces have an assortment of benefits including:

- They are virtually invisible! Unlike traditional braces, lingual braces are completely hidden from view

- They are able to address a wide range of orthodontic concerns and can be more time efficient than other discreet orthodontic treatments

Modern Orthodontics are excited to offer Lingual Braces orthodontic treatment to all Melbourne patients.

- Dr Larry Li
STRAIGHTEN YOUR SMILE FREE FROM THE VISUAL CONCERNS OF TRADITIONAL METAL BRACES.
Got some more questions about lingual braces? We’ve put together a list of some of the frequently asked lingual braces questions.

**What are the advantages of lingual braces?**

First and foremost, the biggest advantage of lingual braces is the fact that they are completely hidden. Unlike clear aligners, which are restricted in the complexity of issues they can correct, lingual braces are able to correct the more complex cases, just like traditional braces. They’re also extremely versatile and adaptable; if you only need your six front teeth straightened, they can just be applied to those exact teeth. Lingual braces are suitable for all ages, but they tend to be most commonly used by adults due to them being invisible.

VIRTUALLY INVISIBLE

**What are the disadvantages of lingual braces?**

If you have a narrower jaw, there is a possibility lingual braces may not be suitable for your mouth as it may crowd it too much. At Modern Orthodontics, Dr Larry Li and Dr Kyoko Hibino will be able to assess your suitability for lingual braces, and advise you on the best course of action for your unique needs.

**How much do lingual braces cost?**

Like all orthodontic treatments, the cost of lingual braces depends on your unique circumstances. The team at Modern Orthodontics will be able to advise you on the exact cost of the treatment you require at your consultation.

**Do lingual braces hurt?**

Like all varieties of braces, lingual braces will cause some discomfort, particularly in the first few days after they are fitted. This should subside fairly quickly and can be controlled with paracetamol. With lingual braces, you may also find that your tongue will be sensitive in the first week or so due to the braces being attached to the back of your teeth. Again, this should soon subside as your tongue gets used to the new layout of your mouth.
Harmony offers an invisible orthodontic solution that is digitally customised for each and every patient.

Harmony
DESIGN YOUR SMILE

The team at Modern Orthodontics are proud to offer the Harmony Lingual Braces system.

Harmony is a unique, invisible, lingual braces system.

During your initial consultation, your teeth are scanned and moved (digitally) into the ideal, desired position.

Harmony uses proprietary CAD/CAM software to create robotically formed archwires which develop digitally customised, invisible solutions for the perfect smile.

During your treatment, you can expect:

• Short appointments
• Fast treatment times
• Amazing results
What to expect

During your treatment

A digitally customised, precision manufactured, invisible orthodontic system. A digitally customised invisible solution for your perfect smile.

01 Initial consultation

During your initial consultation, the team at Modern Orthodontics will review your treatment options to decide if lingual braces are the most suitable procedure to help you achieve your new, beautiful smile. If it is decided that Harmony lingual braces system is, in fact, the most suitable option, your records will be taken and sent away to the Harmony technical centre. Your digitally customised plan will then be sent back to Modern Orthodontics and treatment can begin.

02 Bonding

The bonding appointment begins with a preparation of the tooth surface. Unlike traditional bonding where braces are attached to the teeth one at a time, the Harmony system uses an advanced tray system for delivering the entire set of braces all at once. The advantage of this unique bonding method is a reduction in chair time for you and the assurance for your orthodontist that the braces are placed in their ideal position, which determines the final position of your teeth at the end of treatment.

03 Check-up

During your treatment you will need to visit the Modern Orthodontics office periodically to check on your progress and to change your arch wires. After each visit your teeth can become sensitive, which is a result of the new arch wire that is gently moving your teeth toward their ideal position. This discomfort will disappear after a few days as you settle into each phase of your treatment.

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The team at Modern Orthodontics are excited to offer lingual braces and the unique Harmony lingual system to Melbourne patients.

During your initial consultation, our orthodontists will assess your teeth to ensure that lingual braces are the best possible treatment for you.

If you’d like to make an appointment or book a consultation, please don’t hesitate to get in contact with us.

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